

PORK, PATTIES, FROZEN

for use in the USDA Household
Commodity Food Distribution Programs

6/18/08

Product Description

Pork Patties are made from ground pork with soy protein product (SPP) that is seasoned, formed into round or oval patties, fully cooked and individually quick frozen (IQF).

Pack/Yield

- Each cooked patty weighs 2.0 ounces.
- Each 2-pound package will yield about sixteen (16) patties.

Storage

- Keep Pork Patties frozen at 0°F or below in the original package until ready to prepare for serving.

Preparation

- Follow the heating instructions provided by the manufacturer on the package.
- Pork Patties may be heated in a conventional or microwave oven for serving.
- Heat pork patties to 165°F.



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Uses and Tips

- Pork Patties may be used as a breakfast food item, in a sandwich, or as part of the main entrée.

Nutrition Information

- Each patty may be considered as 2 ounce-equivalents from the meat and beans group of MyPyramid.

Nutrition Facts	
Serving size 2.0 oz cooked pork patty (57g)	
Amount Per Serving	
Calories 138	Fat Cal 96
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 5g	25%
Cholesterol 35mg	12%
Sodium 373mg	16%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Protein 9g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet.	

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